

COVID-19 FACT SHEET

FOR PARENTS



On November 19, 2021, Health Canada authorized the use of the Pfizer-BioNTech Comirnaty COVID-19 vaccine made for children aged 5 to 11. As COVID-19 is impacting our children and our way of life, it's important to be informed about the vaccine and protecting our children and ourselves. Even though your children may be young and healthy, they can still get sick from COVID-19.



**TO FIND OUT
MORE VISIT:**

**[Vaccines for children:
COVID-19 - Canada.ca](https://www.canada.ca/en/health-canada/services/vaccines/children/COVID-19)**

COVID-19 AND THE CHILDREN'S VACCINE WHAT YOU NEED TO KNOW

- The vaccine for young children has a smaller dose than the vaccine for those aged 12 and older. This is because healthy children have a stronger immune system than youth and adults.
- The National Advisory Committee on Immunization (NACI) is recommending that children receive two doses of Pfizer BioNTech Comirnaty vaccine, at least 8 weeks apart.
- When possible, it is better for children not to get the Pfizer-BioNTech Comirnaty vaccine within 14 days of other vaccines, like the flu vaccine.
- It's normal and expected to experience side effects. Common side effects are a sore or red arm, tiredness, chills, and muscle/joint pain. Side effects usually go away within one to three days.

ABOUT THE VACCINE:



Pfizer-BioNTech Comirnaty COVID-19 vaccine has been tested and is shown to be effective and serious health events after immunization are rare.



There is no evidence that any vaccines, including those for COVID-19, will affect your child's ability to have children in the future.



Risk of severe complications is much greater if your children catch COVID-19 when compared to the rare risks of a severe reaction after vaccination.

Wanting to make informed choices for your children is natural.

Vaccines help the body fight off the virus better.

By getting a COVID-19 vaccine, your children will help to protect themselves, Elders and others in the family, community and at school.

