ANTI-ABORIGINAL RACISM IN CANADA: A SOCIAL DETERMINANT OF HEALTH

The Indian Trade, by Impowering

NOVCUS It has been found by experience

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RACE AND RACIALIZATION

1. A <u>social construction</u> of human difference typically based on characteristics such as skin colour, hair texture, and facial features.

2. The <u>practice</u> of assigning a racial identity to a person or group of people (Merriam-Webster Dictionary, 2013)

RACISM

An attitude or behaviour based on the belief that 'race' produces inherent cognitive, moral and behavioural traits, often involving the belief that one's own race is superior to others.

(Merriam-Webster Dictionary, 2013a).

RACISM

 A policy, system of government, etc., based on or fostering a doctrine of race-based discrimination.

 Hatred, fear or intolerance of those racialized differently than oneself. (Dictionary.com, n.d.)

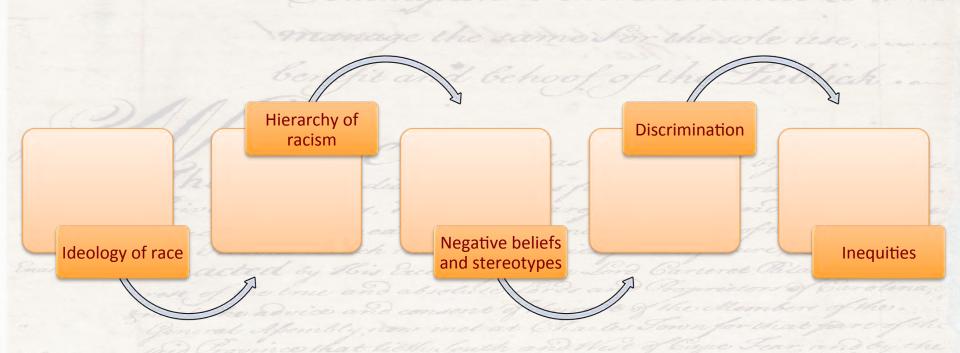
WHY RACE AND RACISM?

 Racial categories were constructed in a state of ignorance and/or arrogance.

 Racism is perpetuated in a state of arrogance and greed.

TRAJECTORY OF RACISM

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FORMS OF RACISM

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Epistemic Knowledge is power

Relational Sticks and stones

Structural *Exclusion and marginalization*

Symbolic Maintaining the status quo

Colourblind *Ignoring the reality*

Embodied Living the reality

STRUCTURAL RACISM

 Discrimination is not always expressed in overt ways (e.g., slavery, genocide)

 It can take forms that present power inequalities as neutral and natural.

STRUCTURAL RACISM

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Economic, social and political institutions and processes that create, practice and reinforce racism.

- Indian Act
- Indigenous Communities
- Residential Schools
- Over Policing
- Apprehension of Children

STRUCTURAL RACISM

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Health care settings:

- longer wait times
- fewer referrals
- disrespectful treatment that demeans, diminishes or disempowers the cultural identity and well-being of an individual

ADDRESSING RACISM

Media

- Mandating diversity
- Representing and celebrating Indigenous peoples

Education

- Telling the true story
- Anti-oppressive environments
- Anti-racist curriculum

ADDRESSING RACISM

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Health Care

- Cultural safety
- Increased Indigenous representation
- Community based and driven care

Systems

- Anti-discrimination legislation
- Anti-racist training
- Employment equity
- Truth and Reconciliation

I HOPE WE CAN AGREE THAT...

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Racism perpetrated on an <u>individual level</u> does harm to one person, which in turn can affect one's family and friends.

Racism perpetrated on a structural level informs institutions (schools, healthcare, and justice) that can do harm to an entire group of people and their descendants.

I HOPE WE CAN AGREE THAT...

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Personal and structural discrimination against Indigenous individuals, communities and nations has largely been justified through socially constructed notions of race.

WE NEED TO CHANGE

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- Racialized hostility toward Aboriginal peoples.
- Legally sanctioned discrimination that hinders opportunities for Aboriginal peoples to be healthy and self-determining.
- Race-based policies that attempt to socially isolate, culturally assimilate, and politically decimate Aboriginal peoples.

CHANGE REQUIRES COLLABORATION

"Just as social problems spring in part from collective experience, so solutions require change at the collective level. Aboriginal people acting alone cannot shift the weight of disadvantage and discrimination. But solutions that lift the weight for Aboriginal people collectively shift it for everyone." (Royal Commission on Aboriginal Peoples 1996).

